

IMPACT REPORT

20
25





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A Message

From Mike Duggar
President and CEO



For many of the children and families we serve across Missouri, asking for help comes during moments of uncertainty, stress or profound need. In 2025, we met those moments with compassion and consistency, helping families find their way forward.

We expanded access to care by opening a satellite office in De Soto, growing Home Visitation Services statewide through the Missouri Parenting Partnership Program and introducing free pregnancy testing at all LFCS offices. We also celebrated 30 years of service in Columbia, honoring the lasting impact of our work in communities across Missouri.

In total, we served more than 4,600 children and families, each with unique needs and stories. We also expanded how we support them, from launching music therapy at Hilltop in North St. Louis to providing car seats in Kansas City and expanding safe and stable housing supports in Southeast Missouri through a \$10,000 Procter & Gamble grant.

We remain committed to being strong stewards of the resources entrusted to us. In 2025, 87.5 cents of every dollar raised went directly to services for children and families. We also welcomed Tom Hohenstein as board chair and launched our Young Professionals Board, bringing new energy and new voices to our mission.

Everything we do is rooted in a simple belief: when families are valued, they create strong communities. Thank you for helping us be there for families when they need us most.

With gratitude,

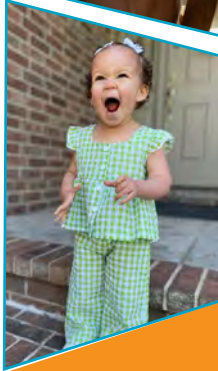
Mike
Mike Duggar, President and CEO

BY THE NUMBERS



190
Employees

104
Media Stories



\$20.9m
invested in programs
and support services

4,757
Clients Served

35,150
Website Visitors

39,597
Service Hours

55
Children Adopted

35
Grants
Awarded

A Message

From the Board Chair



To Our Partners, Stakeholders and Friends;

It is a privilege to serve as Board Chair for Lutheran Family and Children's Services. Since joining the board in 2017, I have seen firsthand the difference LFCS makes for children and families across Missouri.



In 2025, our focus was keeping LFCS strong and sustainable so we can continue serving families for years to come. We remain committed to using your support wisely, with 87.5 cents of every dollar given going directly to programs and services.

We also welcomed new energy through our Young Professionals Board, strengthening the next generation of support for our mission.

This progress is possible because of you. On behalf of the board of directors, thank you for helping LFCS make Missouri families safer and stronger.

With gratitude,

Tom

Tom Hohenstein Board Chair, Lutheran Family and Children's Services

2025 Board of Directors

- Tom Hohenstein, *Chair*
- Louis Johnson, *Vice Chair*
- Scott Dallman, *Treasurer*
- Mary Ann Peckitt, *Secretary*
- Pilar McGraw, *Strategy*
- Stephen Newell, *Leadership*
- Lorie Estelle
- Stephanie Jones
- Thomas Kapp (emeritus)
- Vernon Kasten
- Annie Kowert
- Jack Maher
- Steven Pozaric
- Tyler Price
- Sarah White

Building Stronger Families Across Missouri



Missouri children deserve the opportunity to grow up in safe, healthy and supportive environments.

Throughout the state, LFCS provides social services that help children, parents and families build stability, confidence and hope.

In 2025, LFCS has been a trusted partner delivering professional, evidence-based social and mental health services that support children and promote family well-being. Through counseling, adoption, early childhood education, foster care, pregnancy and parenting services, LFCS helps individuals develop emotional health, strengthen family relationships and achieve lasting stability.

Beyond tracking services provided, we focused on meaningful outcomes, including stronger parenting skills, improved behavioral health and permanent, stable homes for children in foster care.

These results reflect the lasting impact of our work across Missouri.

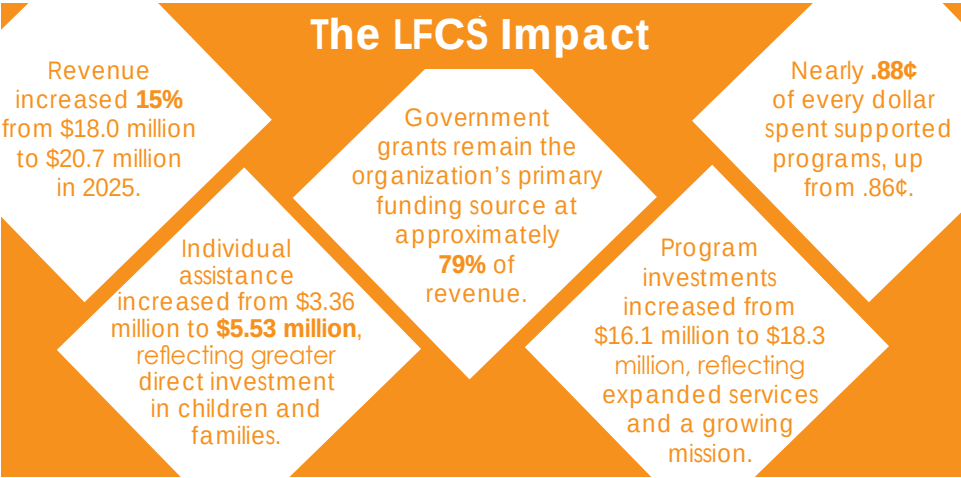


Transforming Financial Support into Community Impact

Every contribution to LFCS represents trust in our mission and commitment to using resources responsibly. In 2025, LFCS generated more than \$20.7 million in revenue to directly support mission driven programs and support services statewide.

Government grants remained a primary funding source, while support from individuals, congregations, foundations and community partners helped LFCS address emerging needs.

2025: Numbers at a Glance			
\$20.7 million in total revenue generated during 2025	\$20.9 million invested in programs and support services	87.6% of total expenses to the direct support of programs and services	\$18.3 million invested in direct program services
5.5 million provided in direct assistance to individuals and families	\$79% revenue received from government grants and contracts	11% support from private grants and foundations	\$1.48 million contributed by individuals, congregations and community supporters.



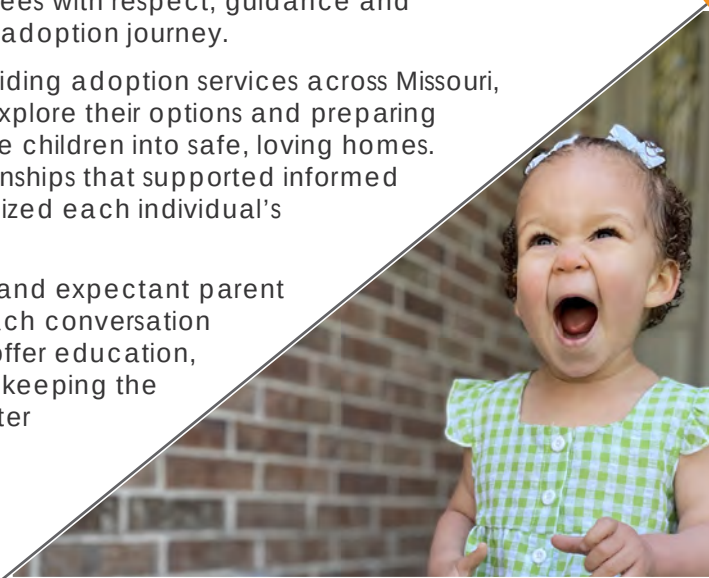


Adoption Services

Every adoption story is unique. LFCS supports birth parents, adoptive families and adoptees with respect, guidance and lifelong care throughout the adoption journey.

In 2025, LFCS continued providing adoption services across Missouri, helping expectant parents explore their options and preparing adoptive families to welcome children into safe, loving homes. Our team built trusted relationships that supported informed decision making and recognized each individual's circumstances and needs.

Interest in adoption services and expectant parent inquiries remaining strong. Each conversation provided an opportunity to offer education, support and guidance while keeping the needs of children at the center of the work.



2025: Numbers at a Glance

289 families served	59 inquiries from expectant birth moms or parents	55 children placed in adoptive homes	201 inquiries from potential adoptive parents
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The LFCS Impact

LFCS received 59 expectant parent inquiries during 2025, demonstrating that women and families are finding compassionate, nonjudgmental support when exploring adoption through LFCS.

Although annual placement numbers vary based on the unique circumstances of each family, LFCS measures success by providing ethical guidance, informed decision-making and lifelong support throughout the adoption journey.



Behavioral Health Services

Families continue to face a growing range of stressors, from economic uncertainty and social pressures to technology and global events. These factors and challenges can affect individual well-being, family relationships and the future outlook of young people. Early intervention and access to support can help families build resilience and navigate these challenges.



In 2025, LFCS provided behavioral health services through both school-based and office-based counseling.

Licensed clinicians partnered with children, caregivers and schools to build resilience, strengthen relationships and develop healthier coping skills.

Behavioral Health remained LFCS' largest direct service program, serving more than 2,600 clients.

Nearly all clients showed measurable improvement or maintained positive clinical outcomes during treatment.

2025: Numbers at a Glance

2,604

clients
served

92%

improved or
maintained
positive clinical
sessions

56

state-wide
community
partnerships

The LFCS Impact

On average, clients participated in 19 counseling sessions, reflecting the individualized approach needed to meet unique needs.



Early Childhood Development



The earliest years lay the foundation for lifelong learning, health and development. For infants and toddlers, nurturing relationships and consistent support are essential for healthy growth.

Located in North St. Louis City, LFCS' Hilltop Child and Family Development Center provides family centered, full day, year- round services that support early childhood development, engage parents as their children's first teachers and help families build stability.

Beyond early education, Hilltop connects families with behavioral health, parenting education and community resources to address needs and strengthen the entire family. This whole family approach helps children build confidence, develop essential skills and enter school ready to learn.

2025: Numbers at a Glance

136

children
enrolled at
Hilltop

12

families connected
with additional
community resources
to meet their child's
Individual Education Plan

41

children and families
connected with
other LFCS services

The LFCS Impact

Partnerships included First Steps, local school districts and the Center for Hearing and Speech. Multiple families accessed additional services through LFCS and trusted community partners, helping address developmental, educational and behavioral needs early, when intervention can have the greatest impact.



Foster Care Case Management

Every child should grow up with the care and protection of a family. But that's sadly not the reality for more than 12,000 children in Missouri. Foster care doesn't look the same in every state, and some face steeper challenges than others.

Throughout 2025, LFCS case managers provided case management and support to children and families across St. Louis City, St. Louis County, St. Charles County and Franklin County. Working with the Missouri Children's Division, foster parents, biological families and community partners, our team helped maintain placement stability and support reunification efforts when appropriate.

The needs of children entering foster care continue to grow more complex. Nearly one third of youth in LFCS foster care required higher-cost placements due to significant medical, behavioral or residential needs. LFCS continued to coordinate services, engage families and support foster placements to help address the individual needs of children in care.

2025: Numbers at a Glance

217 youth supported through LFCS	44 youth received specialized placements based on medical or behavioral needs	69 youth exited foster care to permanent living situations
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The LFCS Impact

- Exceeded agency visit goals with 98% of youths receiving a monthly visits
- Met 99% compliance with monthly visitation by year-end



Parenting Services and Pregnancy Support

The journey to parenthood begins long before a child is born.

Every day, LFCS gives hope to expectant parents and families by providing guidance, education and practical support through pregnancy, early parenthood and beyond.

In 2025, LFCS supported families across Missouri through pregnancy support, parenting education, home visitation and individualized services.

More than 1,400 families received parenting services through LFCS, with an additional 1,215 families reached through nine community partnerships.

These services helped parents strengthen skills, build healthy relationships and create more stable environments for their children.

2025: Numbers at a Glance

723 incoming calls to LFCS Intake requesting pregnancy services	1,419 families served across Missouri	91% clients who reported improved parenting skills
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The LFCS Impact

- 10,385 home visits completed
- 100% of children in families served were free from substantiated incidents of child abuse and neglect
- 100% of children and families served are connected to community resources



Development

Government funding provides essential support, but private philanthropy allows LFCS to do more. Charitable gifts help bridge funding gaps, expand services and respond to emerging needs.

Throughout 2025, the Development team strengthened relationships with donors, congregations, foundations, corporations and community partners whose generosity expanded access to critical services across the state. Beyond fundraising, the team connected supporters to the mission through events, volunteer opportunities, stewardship and meaningful engagement, building lasting partnerships that strengthen children and families.



2025: Numbers at a Glance

227

first time donors
joined the LFCS
community of
supporters

51%

donor retention,
exceeding the
national nonprofit
average of 45%

87.6%

of total expenses to
the direct support of
programs and
services

The LFCS Impact

Every donation helps provide counseling for a child in crisis, parenting education for families, adoption support and high-quality early childhood education. Together, our donors are creating stronger families and brighter futures across Missouri.



About LFCS

For more than 157 years, LFCS has been a trusted partner in communities across Missouri.

We deliver professional, evidence-based social and mental health services that support children and promote family well-being throughout the state. Through counseling, adoption, early childhood education, foster care, pregnancy and parenting services, LFCS helps individuals develop emotional health, strengthen family relationships and achieve lasting stability.

With office locations in St. Louis, Columbia, Cape Girardeau, Springfield, Union, Kansas City, and Joplin, LFCS offers comprehensive services across Missouri. Additionally, the Hilltop Child and Family Development Center, located in the heart of North St. Louis, serves as a vital community-based resource.

These strategically placed centers ensure that families across the state have easy access to critical support.



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