



FOR IMMEDIATE RELEASE

CONTACT:

Greg Severin

314-239-4143

Greg.Severin@lfcs.org

Herman Thomas Jr. Named Director of Foster Care At Lutheran Family and Children's Services

St. Louis, Missouri (September 29, 2025) – [Lutheran Family and Children's Services \(LFCS\)](https://www.lfcs.org), one of Missouri's oldest social service agencies, announced today the hiring of Herman Thomas Jr. as its new Director of Foster Care.

Thomas will oversee the organization's foster care services, including managing policies and procedures for the program to ensure quality, consistency, and alignment with LFCS values.

"Herman's dedication to children and families, combined with his deep knowledge of the foster care system, makes him an outstanding choice for the position," said Mike Duggar, President and Chief Executive Officer for LFCS. "His leadership and expertise will be vital as we continue to provide safe, stable, and nurturing homes for Missouri's children."

Thomas brings more than 20 years of experience serving vulnerable youth and families. Most recently, he spent a decade with the Family Juvenile Court of St. Louis City, where he served as Deputy Juvenile Officer Supervisor. In that role, he managed a team of officers, prepared court reports, and oversaw cases for children in custody.

-more-

Earlier in his career, Thomas worked as a Community Treatment Case Manager and a Family Case Manager. Across these roles, he built expertise in family engagement, connecting families with community resources, and providing testimony in court to advocate for the best interests of children.

Thomas holds a Master of Arts in Criminal Justice Administration from Lindenwood University and a Bachelor of Science in Criminal Justice from Southeast Missouri State University.

About LFCS

[Lutheran Family and Children Services \(LFCS\)](#) is a statewide agency headquartered in St. Louis, Missouri, with regional offices in Columbia, Cape Girardeau, Springfield, Joplin, and Kansas City, as well as numerous satellite counseling sites. LFCS serves Missouri families from all walks of life in their greatest times of need. The nonprofit social services organization provides support in four key areas to help children and families in Southeast Missouri: Adoption, Behavioral Health, Parenting Education, and Pregnancy Support. The programs in these areas empower individuals and families to develop healthy, supportive foundations for a lifetime. Services are open to anyone regardless of race, faith, national origin, gender, or age.

#