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Lutheran Family and Children's Services Provides Essential Checklist for Navigating Adoption Success

St. Louis, Missouri (March 19, 2024) – Building a family through adoption is a unique, challenging and rewarding experience. [Lutheran Family and Children's Services \(LFCS\)](#) offers an Adoption Services Checklist to navigate this exciting journey smoothly.

√ **Research adoption options.** There are different types of adoption to consider when growing your family: Domestic, Independent, Intercountry, Embryo, and Foster Care Adoption.

√ **Research adoption agencies.** Different agencies offer different types of adoption and adoption support. Gather information and meet with various agencies to find the right fit for your family.

√ **Understand adoption.** Understanding the core issues in adoption is paramount. As an example, loss and grief are experienced by all members of the adoption triad (birth parents, adoptive parents, and the adoptee). Begin reading to learn more and fully understand what adoption means.

√ **Build your support network.** Every adoption phase has challenges, and families will need support and understanding from their loved ones. Talk with your loved ones about what to expect and how they can help.

√ **Connect with other adoptive families.** Adoptive parents and adoptees benefit from connecting with others who have also experienced and understand the unique experience of adoption.

√ **Consider financial options.** Explore grants, loans, and financial assistance programs to help overcome potential obstacles.

√ **Seek support.** LFCS offers a full-service approach for potential adoptive families. Consider expert guidance from our caseworkers.

For more information about LFCS's adoption services, call toll-free (1-866-326-5327) or email help@lfcs.org.

About LFCS

[Lutheran Family and Children Services \(LFCS\)](#) is a statewide agency headquartered in St. Louis, Missouri with regional offices in Columbia, Cape Girardeau, Springfield, Joplin, and Kansas City and numerous satellite counseling sites. LFCS serves Missouri families from all walks of life in their greatest times of need. The nonprofit social services organization provides four key support areas to help children and families — Adoption, Behavioral Health, Parenting Education, and Pregnancy Support. The programs in these areas empower individuals and families to develop healthy, supportive foundations for a lifetime. Services are open to anyone regardless of race, faith, national origin, gender, or age.

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