



## Lutheran Family and Children's Services: By the Numbers

### Making a Measurable Difference in Missouri

LFCSS is dedicated to creating brighter futures for children and families across Missouri. Here are some key statistics highlighting our impact in 2023:

- Helping children find forever homes: LFCSS completed 46 adoption placements, connecting children with loving families.
- Improved mental health outcomes: 88% of kids in our mental health counseling program experienced a reduction in symptoms of depression and anxiety symptoms.
- Serving kids through school-based counseling: Our school-based counseling program achieved impressive results, with 97% of clients improving or maintaining their functioning.
- Empowering parents: 94% of participants in our parenting program reported improved parenting skills, which equipped them to better support their children.
- Strengthening families: 100% of Hilltop youth receiving behavioral health services reported improved relationships with family members and overall improved functioning.
- Serving families in North St. Louis County: Hilltop Child and Family Development Center served 532 family members, including 28 graduates and 157 currently enrolled.

### Beyond the Numbers

LFCSS goes beyond statistics. We offer a wrap-around approach, addressing the physical, emotional, and social needs of the whole family unit. In 2023, our dedicated staff provided:

- 28,337 behavioral health counseling sessions in St. Louis alone, with additional services offered in other regions.
- 10,034 service hours are dedicated to parenting programs in Springfield, empowering local parents.
- Our on-site nurse practitioner at Hilltop Child and Family Development Center provided 207 medical visits, ensuring families have access to essential healthcare services.

### Investing in Our Communities

LFCSS is committed to making a positive difference in the lives of Missouri's children and families. Our numbers represent the stories of countless children and families who have received the support they need to thrive.