



School-Based Counseling Services For Children in St. Louis

MEETING THE NEEDS OF THE KIDS IN OUR COMMUNITY

Children in St. Louis are facing unprecedented levels of anxiety and depression. LFCS is here to help.

Our therapists provide on-site support at over 60 public and private schools throughout the St. Louis metropolitan area. By embedding our counselors in St. Louis area schools, we can provide students with immediate access to much-needed mental health services within that familiar environment.

Counselors at LFCS listen to concerns, while using their professional skills and experience to understand the unique needs of each client. Each of our counselors is committed to:

- Honoring individual values
- Working to establish goals
- Focusing on maximizing strengths
- Supporting efforts to accomplish desired change
- Helping to address relationship issues that impact well-being
- Honoring confidentiality

All school-based counseling services are grant-funded and provided at NO COST to the students we serve.

Thanks to our partners and funders:



How we can help:

We provide support for kids to address and manage issues such as:

- Anxiety
- Trauma
- Depression
- Grief and Loss
- Self-Harm and Suicidal Thoughts
- Behavioral Problems
- Anger Management
- Family Conflict
- Bullying
- Helping Children Cope with Separation and Divorce

All LFCS counselors hold a Master's degree or higher in counseling, social work, or another mental health-related field. They hold licensure or are license eligible from the State of Missouri in Professional Counseling (PLPC/LPC) or Clinical Social Work (LMSW/LCSW).

To learn more about our services, contact us today!
Call toll free: 1-866-326-LFCS (5327) · Email: help@lfcs.org
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