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**Moms Need Your Support This Mother's Day and Beyond**

*Lutheran Family and Children's Services' charitable campaign benefits mothers throughout Missouri*

St. Louis, MO—Lutheran Family and Children's Services (LFCS) is celebrating Mother's Day this year by raising awareness about the support women need in their roles as moms, mother figures, and caretakers. This includes biological mothers, adoptive moms, foster moms, grandmothers, and other women who are raising the next generation. Community members who would like to support LFCS in these efforts can do so through this year's Mother's Day gift campaign. With a minimum of a \$25 donation, LFCS will send a card to the donor's chosen recipient that includes a message about how the gift will benefit mothers throughout Missouri.

On average, LFCS touches the lives of 15,000 women each year through services including foster care, adoption, pregnancy and parenting, home visitations, behavioral health and community prevention, and child care.

"Mother's Day is a time when we honor the vital role women have in a child's life—a role that comes in many forms," said Mike Duggar, President and CEO of LFCS. "We help mothers at LFCS, including adoptive moms, biological moms, and other women who are primary caregivers. When they are struggling, we offer resources to help."

With the goal of assisting women and their families to achieve a safe and stable home environment, LFCS's Pregnancy, Parenting and Adoption Services program has the most direct impact on Missouri mothers. The program offers resource referral, education, home visitation, direct assistance, emergency financial aid, and positive parenting skills. An important part of this program is helping pregnant women make positive choices, resulting in a healthy baby and mother. Clients receive flexible education and support around the options of parenting, adoption, and caregiving in general. Children living in stable families with adults better able to address life's stresses have reduced risks of child abuse and neglect. Education and resource referral is powerful for adults who find caregiving challenging.

"We're able to help mothers and expectant women in crisis all across Missouri free of charge thanks to gifts from the community," Duggar added. "From employing highly qualified social work and counseling staff members to funding baby necessities, food, and shelter—every dollar counts."

Donations will be accepted throughout the entire month of May at [lfcsmo.org/donate-now](https://lfcsmo.org/donate-now). If gift givers would like their cards to be received by Mother's Day, donations must be received by May 5.

To learn more about the services provided by LFCS, visit [lfcsmo.org](http://lfcsmo.org).

**About Lutheran Family and Children's Services (LFCS)**

LFCS, a proud member of the United Way, is a statewide agency with headquarters in St. Louis, Missouri, three regional offices, and numerous satellite service sites. The mission of LFCS is to empower children and families to overcome challenges today so they can build a better tomorrow. As a nonprofit social services organization, its vision is to make generations of children and families safer and stronger together. LFCS opens doors for people who face poverty, unexpected pregnancy, violence, unemployment, illness, homelessness, and more. To tackle these challenges, LFCS programs are delivered in two key services areas: Family Services and Behavioral Health Services. A dedicated staff delivers professionalism and personal care in equal measure to every situation and each client who visits one of the many offices in Missouri. LFCS services are open to anyone regardless of race, faith, national origin, gender, or age. For more information, call 314-754-2785 or visit [lfcsmo.org](http://lfcsmo.org).