

Together, we are

2018
ANNUAL
REPORT

BUILDING BETTER TOMORROWS

LfCS 
Lutheran Family and
Children's Services of Missouri

Our Mission

Through Christ's love,
we empower children and
families to overcome
challenges today so they can
build better tomorrows.

Our Vision

Generations of children and
families across Missouri are
safer and stronger together.



From the President

Dear Friends,

In 2018, Lutheran Family and Children's Services (LFCS) celebrated its 150th anniversary of service. Our work began with a single promise made by Reverend Johann Buenger to care for the ten-year old son of a wounded and widowed Civil War soldier. This *one promise* became dozens - which grew into hundreds - that turned into millions: hurting children cared for in the orphanage; babies adopted into loving families; teen mothers equipped to care for their babies rather than make a fatal and final choice; children given a fighting chance through early education at Hilltop; hope restored after natural disasters devastated communities; and so much more.



Today, we face a different set of challenges than those of Rev. Buenger, yet the need to build better tomorrows for Missouri children and families endures. Over 5,000 Missouri kids experienced abuse or neglect in 2018; a statistic that crosses all socioeconomic and educational levels, religions, ethnic and cultural groups. When adverse childhood experiences such as abuse and neglect are not addressed, lifelong medical, mental and social suffering can occur. Through our behavioral health, community prevention, child development and family services, LFCS nurtures and supports children and families who are at risk. Our services offer real solutions that lead to safety, permanency and well-being for those we serve.

Our programs work, but responding to existing—and growing—need requires that we work harder and that our community contributions grow. As we build better futures for those we serve, our organization will also build systems that last, build staff who lead and build fans beyond our traditional base. Thank you for joining us on this exciting journey! Your commitment and dedication to the LFCS mission is humbling. Together, we bring hope to the hurting, we bring light into the darkness, and we bring His loving kindness where cruelty seems to reign—together as one family.

In His service,

A handwritten signature in black ink that reads "Mike Duggar". The signature is fluid and cursive, with the first name being particularly prominent.

Mike Duggar
President & CEO



One Promise. One Family.

2018 MISSOURI CHILD ABUSE & NEGLECT STATISTICS*

5,633 CHILDREN IMPACTED BY
SUBSTANTIATED CLAIMS OF
ABUSE AND NEGLECT

13,567 CHILDREN REFERRED FOR
SERVICES FOLLOWING A
FAMILY ASSESSMENT

< 5% OF ASSESSED HOUSEHOLDS
CHARACTERIZED AS IN
GOOD PHYSICAL/MENTAL
HEALTH

< 7% OF ASSESSED HOUSEHOLDS
CHARACTERIZED AS STABLE

*According to the 2018 Missouri Child Abuse and Neglect Annual Report

**In 2018,
LFCS extended support to
38,000 Missouri children
and families.**

Meet Somiah

Somiah's childhood has not been easy. She lives alone with her grandmother in North St. Louis —her mom was incarcerated a year ago and her dad left before she was born. Despite these less than ideal circumstances, Somiah walks in to Hilltop Child and Family Development Center every morning smiling and ready to learn. Hilltop is not just her preschool. Here she receives one-on-one counseling to manage the challenges of growing up without her parents. Hilltop also sends a parenting specialist to the house so Somiah's grandmother can have access to support too. Surrounded by people who want her to succeed, Somiah's odds for success beyond school improve each day. Soon, she will be starting kindergarten.



2018 Outcomes

LFCS provides behavioral health, community prevention, child development and family services to combat the staggering child abuse and neglect statistics across Missouri. Last year, we raised and spent over \$13,000,000 to provide kids with safe, stable childhoods and to give parents the resources to make this possible.

LFCS believes all Missouri children and families deserve to have access to quality services. In 2018, LFCS served clients at 109 sites across the state.

SAFETY

82% of community prevention clients developed skills to avoid underage drinking, drug use, violence, bullying or other risky behaviors.

100% of adoption and respite foster care clients were free from substantiated incidents of child abuse and neglect.

PERMANENCY

89% of families served by LFCS maintained or achieved stable living situations.

208 forever families were formed through reunification, adoption or guardianship.

WELL BEING

4,144 children displayed an improved level of functioning after receiving counseling services.

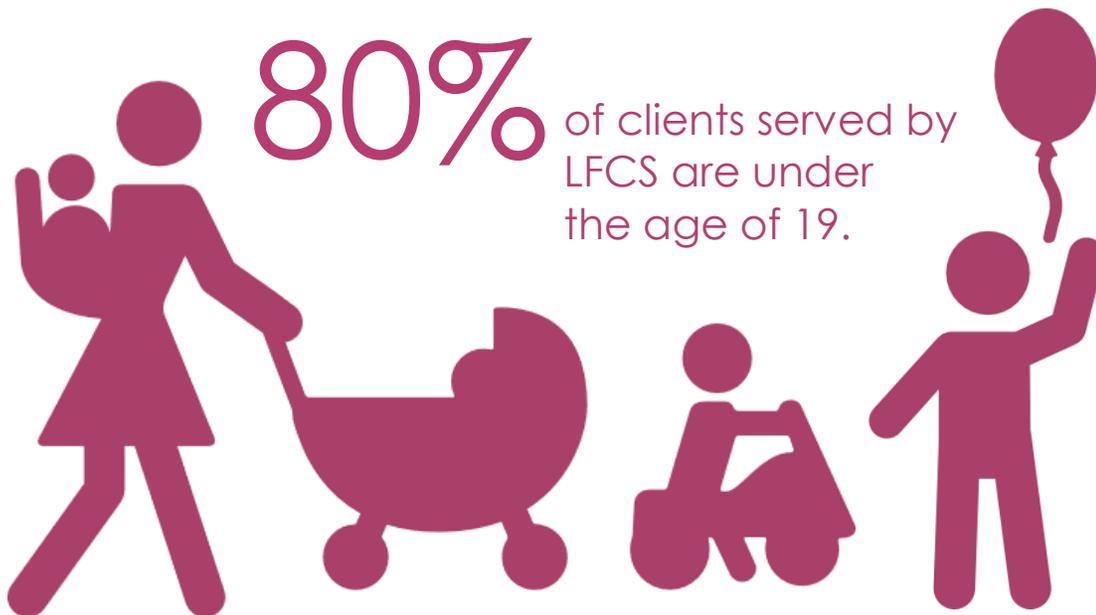
86% of babies were born of a healthy birth weight, making them less likely to have health issues as infants.

80% of pregnant or parenting moms developed coping mechanisms and stress management skills to better parent their children.

6 out of 10 clients served by LFCS live at or below the federal poverty level. Yet, 86% of Missourians live above the federal poverty level.



To fulfill our commitment to making generations of children and families across Missouri safer and stronger together, LFCS provides innovative, integrated, accessible services across 59 Missouri counties that address and improve mental health as well as abuse and neglect statistics.



Nearly 14% of Missouri children living at or below the poverty level experience three or more adverse childhood experiences such as abuse, neglect, witnessing violence, incarcerated family member, or death of a parent.

Meet Tara

Tara stretches her budget to pay her rent, utilities and childcare for her 2-year-old son. She dreams of returning to college to receive her nursing degree, but parenting alone has made it difficult. This year, United Way 211 referred Tara to LFCS for parenting services. She receives in-home coaching from a parenting specialist, resources such as diapers, hygiene items and grocery gift cards, as well as assistance with her college application process so she can return to school part-time. She and her LFCS parenting coach discuss the impact returning to school will have and how Tara can manage her stress while making good parenting choices. For the first time since becoming a mom, she truly feels supported. Tara knows that with services from LFCS, she can achieve her dreams *and* be her best for her son.





Meet Rocco

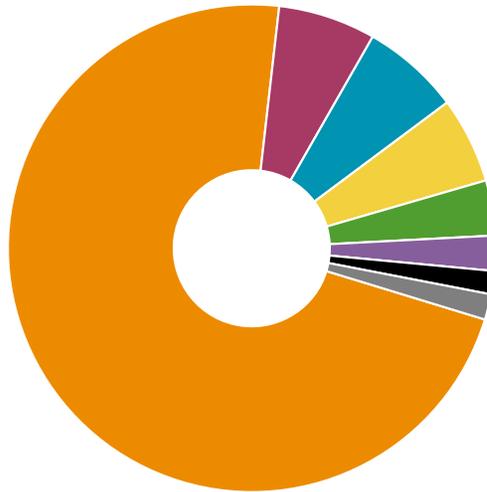
Rocco entered foster care last year with a trash bag of clothes and one shoe. When his LFCS caseworker brought him to meet his foster family, he was suspicious and tried to run away. Time and attention have soothed many of Rocco's fears. In an effort to address the trauma and abuse he faced prior to entering foster care, LFCS provides Rocco with professional mental health counseling. He no longer feels the need to steal in order to have enough to eat and his fears of abandonment being have begun to ease. As he and his foster parents continue to bond as a family unit, Rocco smiles more often—the scars of his past slowly fading.

FINANCIAL REPORTS

For fiscal year ended December 31, 2018

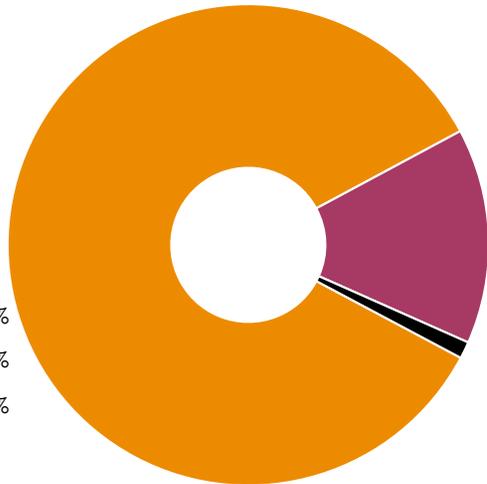
REVENUE

Government	\$ 9,469,263
Contributions	849,341
Client Fees	858,303
United Way	749,955
LFCS Foundation	480,485
Grants	305,231
Rental income	202,530
Other	221,906
	\$ 13,137,014



EXPENSES

Program Services		
Family Services	\$ 5,374,692	
Behavioral Health	3,866,617	
Child Development	942,095	
Disaster Response	1,039,039	
	11,222,443	84.4%
Management & General	1,926,517	14.5%
Fundraising	150,466	1.1%
	\$ 13,299,426	



LFCS is grateful for the generosity and support received by our funders and partners, including:



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In 2018, volunteers dedicated 3,227 hours to fulfilling the mission of LFCS.



SAINT LOUIS

9666 Olive Blvd, Ste 400
St. Louis, MO 63132
314-787-5100

ST. CHARLES COUNTY

100 Piper Hill Dr
St. Peters, MO 63376
636-949-5522

SOUTHWEST MISSOURI

2130 N. Glenstone Ave
Springfield, MO 65803
417-862-1972

HILLTOP CHILD & FAMILY DEVELOPMENT CENTER

6155 West Florissant Ave
St. Louis, MO 63136
314-389-1001

MID-MISSOURI

307 Locust St
Columbia, MO 65201
573-815-9955

SOUTHEAST MISSOURI

3178 Blattner Dr
Cape Girardeau, MO 63736
573-334-5866

FRANKLIN COUNTY

(PO Box 207)
15 South Oak
Union, MO 63084
636-234-0893

For more information,
visit us at lfcsmo.org.



LFCS is fully committed to Equal Employment Opportunity (EEO) and Affirmative Action. We are committed to recruit, hire, train and advance in employment qualified individuals without regard to race, color, religion, sex, age, national origin, ancestry, sexual orientation, pregnancy, creed, genetic information, gender identity, status as protected veteran, status as a qualified individual with disability or any other characteristic protected by applicable Federal, State and Local law.