

ABOUT LFCS

LFCS is excited to be part of the collaboration with Keeping Kids First. We offer a school-based counseling program which partners LFCS counselors with students, family, and other school personnel to help students reach their full potential.

Counselors work with students to help enhance motivation and capability to pursue positive goals, resist negative influences, and overcome barriers.

Lutheran Family & Children's Services is a statewide organization.

Headquarters

9666 Olive Boulevard, Suite 400
St. Louis, MO 63132
314-787-5100 • 1-866-326-5327

LFCS School Counseling is offered in more than 50 public and parochial schools throughout the St. Louis area.

SCHOOL COUNSELING



School Counseling
Helping Students Reach
Their Full Potential



314-787-5100 or 1-866-326-LFCS (5327)

If interested in learning more about our services, volunteering, or making a donation to LFCS, call or visit our website

www.lfcsmo.org



SCHOOL-BASED SERVICES

Individual Counseling

Students can work one-on-one with counselors to address emotional and behavioral issues.

Group Counseling

Counselors can work with smaller groups addressing topics such as anger management, self-esteem, grief and loss, and social skills.

Crisis Intervention

Counselors can provide support and interventions during and following a school crisis.

Group Presentations

Counselors present information on a variety of topics to classrooms, parents, and school staff.

Consultations and Referrals

Counselors consult with parents, teachers, and other professionals in order to ensure the best care is given to each student. Referral to outside agencies may be given to students and families.

COMMON ISSUES ADDRESSED BY SCHOOL COUNSELORS

- Family Changes
- Depression
- Academic Issues
- Bullying
- Anxiety
- Anger Management
- Behavioral Concerns
- Friendship Issues
- Divorce
- Drug and Alcohol Abuse
- Suicidal Thoughts
- Abusive Situations
- Eating Disorders

FREQUENTLY ASKED QUESTIONS

Q: How do I contact my school counselor?

A: If you contact your school office they will tell you how to reach your counselor.

Q: Is there a cost to my family?

A: There is no cost to children or families for services provided in schools located in St. Louis County. These services are funded by the St. Louis County Children's Services Fund. Services provided in other counties may be covered by other funders.

Q: Where will the counselor see my child?

A: Services are typically provided during the school day; however, counselors are also available by appointment.

Increasing Opportunities for Personal Development and Empowerment



Visit www.lfcsmo.org, click 'Counseling' then 'School Counseling'